

The image features the NCAA logo in white, bold, italicized capital letters, centered on a large, glowing blue sphere. The sphere is set against a dark blue background with a bokeh effect of lighter blue circles. A thin, glowing blue border frames the entire scene.

NCAA®

Division I Newly Adopted Legislation



2010 Regional Rules
Seminars

Amateurism



2010 Regional Rules
Seminars

NCAA Proposal No. 2009-22

INVOLVEMENT WITH PROFESSIONAL TEAMS — PRIOR TO FULL-TIME ENROLLMENT — DELAYED ENROLLMENT — SPORTS OTHER THAN MEN'S ICE HOCKEY AND SKIING

- Prior to initial full-time collegiate enrollment, permits contract to compete on a professional team and competition on a professional team, provided:
 - Contract does not promise and individual does not receive more than actual and necessary expenses to participate on the team.



Proposal No. 2009-22

(Continued)

- Establishes delayed-enrollment provisions.
 - Same as current rule for tennis and swimming and diving and women's volleyball.
 - Reduces grace period for tennis to six months.



2010 Regional Rules
Seminars

Proposal No. 2009-22

(Continued)

- Effective date:
 - For sections A-D: August 1, 2010; applicable to student-athletes who initially enroll full time in a collegiate institution on or after August 1, 2010.
 - For section E, as it applies to sports other than tennis: August 1, 2011; applicable to student-athletes who initially enroll full time in a collegiate institution on or after August 1, 2011.
 - Reduction of grace period for tennis: August 1, 2012, applicable to student-athletes who initially enroll full time in a collegiate institution on or after August 1, 2012.



2010 Regional Rules
Seminars

Personnel and Recruiting



2010 Regional Rules
Seminars

Proposal No. 2009-12-A

DEFINITIONS AND APPLICATIONS — UNDERGRADUATE STUDENT-ASSISTANT COACH

- Permits student-athlete to serve as undergraduate student-assistant coach at institution where student-athlete most recently participated in intercollegiate athletics, provided:
 - student-athlete is currently enrolled at institution as full-time undergraduate student who has exhausted eligibility in the sport or has become injured to the point that he or she is unable to practice or compete ever again.
- Limit of undergraduate student-assistant coaches in each sport shall be the same as limit of countable coaches permitted in the sport.
- Effective date: August 1, 2010.



Proposal No. 2009-14-B

DEFINITIONS AND APPLICATIONS — MANAGER

- A manager is an individual who performs traditional managerial duties and:
 - Is a full-time student, except in final semester or quarter of a degree program;
 - May participate in limited on-court or on-field activities during practice or competition involving student-athletes on a regular basis;
 - Shall not provide instruction to student-athletes; and
 - Shall not participate in countable athletically related activities (e.g., practice player), except limited activities as noted above.
- Effective date: August 1, 2010.



Proposal No. 2009-18

RECRUITING COORDINATION FUNCTIONS — EXCEPTION — NONCOACHING STAFF MEMBERS AND NONCOUNTABLE COACHES — TELEPHONE CALLS IN CONJUNCTION WITH OFFICIAL VISIT

- Permits noncoaching staff member or noncountable coach to initiate and receive telephone calls from prospective student-athletes during official visit transportation and official visit.
- Permits athletics staff to make unlimited telephone calls to prospective student-athletes during official visit transportation and official visit.
- Effective date: August 1, 2010.



Proposal No. 2009-26

DEAD PERIOD — EXCEPTION — UNOFFICIAL VISIT AFTER NATIONAL LETTER OF INTENT SIGNING OR OTHER WRITTEN COMMITMENT

- Prospective student-athletes who has signed National Letter of Intent (NLI) is permitted to make unofficial visit during dead period.
- If institution does not use NLI, or for prospective student-athletes who is not eligible to sign the NLI, prospective student-athletes must have signed institution's written offer of admission or financial aid, or institution has received financial deposit from prospective student-athletes in response to offer of admission.
- Effective date: August 1, 2010.



Proposal No. 2009-32-B

TELEPHONE CALLS — UNLIMITED DURING CONTACT PERIOD — SPORTS WITH DEFINED RECRUITING CALENDARS OTHER THAN FOOTBALL

- In sports with defined recruiting calendars other than football, telephone calls may be made at the institution's discretion during contact period.
- Effective date: August 1, 2010.



Proposal No. 2009-40

PRINTED RECRUITING MATERIALS — GENERAL CORRESPONDENCE — INSTITUTIONAL LETTERHEAD

- Establishes additional provisions for general correspondence sent to prospective student-athletes, parents or legal guardians, coaches or any other individual responsible for teaching or directing an activity in which a prospective student-athlete is involved.
- Effective date: August 1, 2010.



Proposal No. 2009-40

(Continued)

- Single sheet of letterhead (no bigger than 8 ½ by 11).
- No restrictions on design or content of one side.
- Blank on the other side.
- Additional pages limited to plain white paper.
 - Same for attachments.
- Limits on envelopes.
 - Name and logo on outside, blank on inside.
 - No bigger than 9 x 12.



Proposal No. 2009-42

ATHLETICS PUBLICATIONS — NO PRINTED PUBLICATIONS TO PROSPECTIVE STUDENT-ATHLETES

- Institution shall not provide printed media guide or any other printed athletics publication not listed in NCAA Bylaw 13.4.1.1 to prospective student-athlete, parents or legal guardians, prospective student-athlete's educational institution or any individual involved in the coaching of a prospective student-athlete.
- Effective date: August 1, 2010.



Proposal No. 2009-42

(Continued)

- May not make publications available to prospective student-athlete (leave out in common areas on campus).
- Still may not create a printed portfolio of information.
- May provide media guide digital via e-mail or media storage device (e.g., compact disc, flash drive).
- Restrictions remain for printed media guides.
 - 8 ½ by 11.
 - 208 pages.
 - Supplemental info posted to Web site and printed in black and white and provided to media.



2010 Regional Rules
Seminars

Proposal No. 2009-43

ELECTRONIC TRANSMISSIONS — EXCEPTION — AFTER RECEIPT OF FINANCIAL DEPOSIT

- On or after May 1 of prospective student-athlete's senior year, there is no limit on forms of electronically transmitted correspondence, provided the institution has received a financial deposit in response to offer of admission.
- Effective date: August 1, 2010.



Proposal No. 2009-47-B

WRITTEN OFFER OF AID BEFORE SIGNING DATE

- Prior to August 1 of a prospective student-athlete's senior year in high school, institution shall not provide a written offer of athletically related financial aid or indicate in writing to the prospective student-athlete that an athletically related grant-in-aid will be offered by institution.
- Effective date: August 1, 2010.



Eligibility



2010 Regional Rules
Seminars

Proposal No. 2009-61

U.S. OLYMPIC COMMITTEE/NATIONAL GOVERNING BODY — FORMER STUDENT ATHLETE AT ANOTHER INSTITUTION — INDIVIDUAL SPORTS AND WOMEN'S ROWING

- Permits former student-athlete who has graduated and has no eligibility remaining to participate in organized practice sessions at institution other than the one he or she previously attended.
- U.S. Olympic Committee or national governing body in the sport must recommend the individual's participation.
- Effective date: August 1, 2010.



Proposal No. 2009-62

U.S. OLYMPIC COMMITTEE/NATIONAL GOVERNING BODY — FORMER STUDENT-ATHLETE — DURATION OF WAIVER — INDIVIDUAL SPORTS AND WOMEN'S ROWING

- Former student-athlete's participation in organized practice sessions is limited to number of years that allows individual to practice with institution's team in preparation for two consecutive Olympic Games following exhaustion of eligibility or completion of degree, whichever is earlier.



Proposal No. 2009-62

(Continued)

- U.S. Olympic Committee or national governing body in the sport must recommend the individual's participation.
- Effective date: August 1, 2010.



2010 Regional Rules
Seminars

Proposal No. 2009-64

CORE-CURRICULUM REQUIREMENTS — NONTRADITIONAL COURSES

- In order to use a nontraditional course to satisfy core-course requirements, course must be one in which (in addition to current requirements):
 - Instructor and student-athlete must have ongoing access to one another and regular interaction with one another for purposes of teaching, evaluating and providing assistance to the student throughout the duration of the course;
 - Student-athlete's work (e.g., exams, papers, assignments) is available for review and validation; and
 - A defined time period for completion of the course is included.



Proposal No. 2009-64

(Continued)

- Effective date: August 1, 2010; for student-athletes initially enrolling full time in a collegiate institution on or after August 1, 2010.



2010 Regional Rules
Seminars

Playing and Practice Seasons



2010 Regional Rules
Seminars

Proposal No. 2009-79-B

NONCHAMPIONSHIP SEGMENT — TRAVEL
RESTRICTIONS — CROSS COUNTRY, FIELD
HOCKEY, SOCCER, SOFTBALL AND VOLLEYBALL
— EXCEPTION — 400-MILE RADIUS

- Team travel to competition in the nonchampionship segment shall be restricted to ground transportation, unless there are no other Division I institutions located within 400 miles of the institution.
- Effective date: August 1, 2010.



Other Proposals



2010 Regional Rules
Seminars